



allison dore

Motivational Speaker, Comedian, Media Personality

Funny, smart, and curious, Allison Dore is a public speaker, writer, radio personality, and comedian. She can confidently label herself as a “Professional Talker”.

As a Professional Talker, she has been connecting with audiences whether on stage, in front of a camera, or behind a microphone for over 15 years. Breaking the barriers of comedy stereotypes, Allison has an authenticity and pathological honesty that allows her to focus on her audience in a more personal way. She doesn't pretend to be anything she isn't, and she doesn't pretend to

know things she doesn't. She has dealt with depression and drug addiction and she helps audiences embrace all of their wonderfully fabulous flaws by finding the hope in every situation.

Allison is also known for her empathetic and active ear as an interviewer and can be heard regularly as co-host of popular daily satellite radio show *Ward and Al* on Sirius XM's Canada Talks channel and on her upcoming weekly podcast *Allison in Conversation*.

SPEAKER TOPICS

REALITY BITES: THE REALITIES OF MAKING A LIVING AS AN ARTIST/ENTERTAINER

We all grow up answering the question “what do you want to be when you grow up?” But sometimes you choose a career path that has people asking you that question into adulthood. Choosing to make a living as an artist/entertainer is a tough but rewarding career path. It's a lifestyle choice that many “non-artsy” types don't understand. The real challenge is making sure you plan ahead and keep a realistic and non-cynical eye on the choices you make along the way.

CLIMBING YOUR OWN BARRIERS: FIGHTING BACK AGAINST DEPRESSION AND MENTAL ILLNESS

While the discussion about depression and mental illness has become a public one, there are many people who struggle to deal with these issues on their own. Allison has struggled with depression and drug addiction and understands the constant battle to choose between two mindsets on a daily basis. She knows what it feels like to hit rock bottom and get up again, and she will share her story of her struggles and how she decided to fight back against what she thought were her own limitations.

HOSTING HIGHLIGHTS

2015 Arthur Ellis Awards (Crime Writers of Canada)

Event Host for Dress for Success

Event host for The BluMatter Project

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